

DETAILS & REGISTRATION

- Maximum number of participants: 10



Cost

- Accommodation in a single room apartment with a private bathroom: €1450 (Only two apartments of this type available! ***Please ask for it on your registration***)
- Accommodation in an apartment (per person sharing): two bedrooms and a shared bathroom: €1350
- Discount for couples available!

Cost includes

- Accommodation at a charming Italian historic villa in a panoramic position at the foot of the sacred mountain Monte Sant'Angelo, with beautiful relaxing grounds filled with Mediterranean plants, herbs and olive trees. ***Please indicate your room preference on your registration!***
- All Meals: Homemade breakfasts served at the villa; Vegetarian lunch box - based on the fresh local products; Italian dinners served at the villa or in carefully chosen local restaurants. Tea/coffee/water/fruit available all the time.
- All local transportation by minivan (including pick up upon arrival and drop off for departure from Manfredonia or Mattinata).
- Everyday 1-2 hour chakra animal wisdom soulcollage® practice with a certified teacher (Each day will be dedicated to one of the 7 chakras) and daily open air somatic movement meditation.
- All events: Sacred sites visits, mountain trekking, trip by boat to the enchanted marine grottos of Gargano, Monte Sant'Angelo Sanctuary and Crypts visit, Manfredonia castle museum and more.
- Olives harvest and your own olive oil making event.
- Entry fees/bus fares.
- Guides.



Cost doesn't include

- Air tickets and transportation to Manfredonia or Mattinata towns from the airport (on arrival and departure)
- Travel insurance (strongly suggested!)



Practical info

- Comfortable shoes appropriate for walking and light trekking, swim wear for the beach in case the weather is still hot in October, a raincoat and a warm sweater for the mountain tops!
- Exercise level: Moderate (consider 2- 5-hour trekking)



To register

- To register contact Karolina at: **contact@angelsfeetproject.com** / cell or whatsapp: **+48 600 063 333**