

DETAILS & REGISTRATION

- Maximum number of participants: 10



Cost

- Accommodation in a single room with a private bathroom: €1350 (Discount for couples available! ***Please ask for it on your registration***)
- Accommodation in an apartment (per person sharing): two bedrooms and a shared bathroom: €1200 (only two rooms like this available)

Cost includes

- Accommodation at a charming Italian country villa in a panoramic position at the foot of the sacred mountain Monte Sant'Angelo, with beautiful relaxing grounds filled with Mediterranean plants, herbs and olive trees. An open air swimming pool with hydro massage at your disposal. ***Please indicate your room preference on your registration!***
- All Meals: Homemade breakfasts served at the villa; Vegetarian lunch box - based on the fresh local products; Italian dinners served at the villa or in carefully chosen local restaurants. Pizza evening with a pizza chef at the villa. Tea/coffee/water/fruit available all the time.
- All local transportation by minivan (including pick up upon arrival and drop off for departure from Manfredonia or Mattinata)
- Everyday 1-2 hour chakra animal wisdom soulcollage® practice with a certified teacher (Each day will be dedicated to one of the 7 chakras) and daily open air somatic movement meditation.
- All events: Sacred sites visits, mountain trekking, trip by boat to the enchanted marine grottos of Gargano, Monte Sant'Angelo Sanctuary and Crypts visit, Manfredonia castle museum and more
- Entry fees/bus fares
- Guides



Cost doesn't include

- Air tickets and transportation to Manfredonia or Mattinata towns from the airport (on arrival and departure)
- Travel insurance (strongly suggested!)



Practical info

- Comfortable shoes appropriate for walking and light trekking, swim wear for the beach, a raincoat and a warm sweater for the mountain tops!
- Exercise level: Moderate (consider 2- 5-hour trekking)



To register

- To register contact Karolina at: **contact@angelsfeetproject.com** / cell or whatsapp: **+48 600 063 333**