**DETAILS & REGISTRATION**

* Maximum number of participants: 10

 Cost

* Accommodation in a single room with a private bathroom: €1350 (Discount for couples available! **Please ask for it on your registration**)
* Accommodation in an apartment (per person sharing): two connecting bedrooms and a shared bathroom: €1200

#### Cost includes

* Accommodation at an italian country villa\* in a panoramic position at the foot of the sacred mountain Monte Sant’Angelo: The single room option is limited and will be allocated on a 1st come basis. **Please indicate your preference for a single room on your registration!**
* All Meals: Breakfasts served at the villa; Vegetarian lunch or lunch box - based on the local product; Dinners served at the villa or in carefully chosen local restaurants. Tea/coffee/water/fruit available all the time.
* All local transportation by minivan (including pick up upon arrival and drop off for departure from Manfredonia or Mattinata)
* Everyday group somatic movement meditation and 1-2 hour soulcollage® practice with a certified teacher
* All events: Sacred sites visits, mountain trekking, trip by boat to the enchanted marine grottos of Gargano, Monte Sant’Angelo Sanctuary and Crypts visit, Tomba di Rotari and more
* Entry fees/bus fares
* Guides

\*Since this is not a hotel, but a historic building, the type of bedrooms, beds and bathrooms vary from apartment to apartment! Please keep this in mind and be understanding.

#### Podobny obraz Cost doesn't include

* Air tickets and transportation to Manfredonia or Mattinata towns from the airport (on arrival and departure)
* Travel insurance (strongly suggested!)

#### Lupa Darmowe ikony Practical info

* Comfortable shoes appropriate for walking and light trekking, swim wear for the beach, a raincoat and a warm sweater for the mountain tops!
* Exercise level: Moderate (consider 2- 5-hour trekking)

To register

* To register contact Karolina at: **contact@angelsfeetproject.com** / cell or whatsapp: **+48 600 063 333**